

CAREGIVER SUPPORT GROUP

**FOR THOSE UNDER THE AGE OF 75
WHO ARE HELPING SPOUSES**

Are you caring for a spouse with Parkinson's Disease, Alzheimer's, early onset dementia or chronic illness? You are not alone.

Our non-sectarian caregiver support group is specially geared to those under the age of 75. It will provide tips, techniques and resources to help you live your life while supporting your loved one. This group will be facilitated by Chaplain Beverly Rubman.

WHEN:

Begins on October 20th and will be held every other Tuesday

TIME:

10:15 a.m.—11:30 a.m.

WHERE:

The Jewish Center in the Adult Library
(435 Nassau Street, Princeton)

COST:

\$36 for 6 weeks

TO REGISTER OR FOR MORE INFORMATION

CONTACT BEVERLY RUBMAN AT:

beverlyr@jfcsonline.org or 609-987-8100, ext. 151

**COFFEE AND LIGHT REFRESHMENTS WILL BE SERVED
OPEN TO THE COMMUNITY**



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